

Kay Brathol-Hostvet Art Workshops

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Heyde Center for the Arts

Saturday and Sunday, March 22-23, 2025, 10-4 each day

Joyful Abstraction in Acrylic

Learn about basic composition and explore color combinations while creating non-representational or abstract paintings in acrylic. Working from small value studies and intuitive design and color, we'll create direct, playful paintings. Acrylic is an easy medium for exploration because it dries quickly, allowing for quick changes and layering, and because there are a multitude of mediums available to the artist to modify the texture of your painting.

I will be providing some acrylic mediums and useful handouts, as well as tripod table easels. If you have trouble getting any of the materials or have questions, contact me and I may be able to help you. Most art supply stores carry these items. I use Golden and Liquitex paints, but any quality brand will do. I do not recommend using student-grade acrylics; your results will be less satisfactory. I tried to keep the number of colors to a minimum but you can certainly bring more than required. If you come with a set of tiny tubes (less than 2 oz) be sure to buy a larger size tube of white. I have included the pigment numbers along with the names (names vary between brands); tubes of artist-quality paints will list the pigments. If you don't have these or can't find them, please don't worry; we can work with whatever paints you have.

*Dress in your grubbies or bring a smock or apron—acrylic doesn't wash out of clothes. Bring a bag lunch each day as we'll only break for 30 minutes. Looking forward to two, joyful, colorful days!

SUPPLY LIST

MINIMUM REQUIRED:

___ **Tube acrylics** (not fluids) in these 5 colors:

- 1) Cadmium Yellow Light (not medium) or Primary Yellow (PY 35)
- 2) Quinacridone Red or Quinacridone Rose or Primary Magenta (PV 19)
- 3) Ultramarine Blue (PB 29)
- 4) Mars Black OR Ivory Black
- 5) Titanium White (PW 6)

___ **2 Water containers**, at least 1 quart size—bigger is better

___ **Rags or paper towels** (I like one small cloth rag and a roll of paper towels)

___ **Palette mixing knife**, metal or plastic

___ **Palette at least 12" x 15." (bigger is better)**

I recommend buying a large glass cutting board (*not* Plexiglas or acrylic). It cleans up easily and is available at some hardware and discount stores (Wal-Mart, Target, etc.) It usually comes with a pebbly textured front—use the smooth back side; just scrape off the rubber feet. Or you may use a "stay-wet" style palette box (with sponge and stay-wet palette paper) made for acrylics. Traditional wood or plastic palettes do not work with acrylics. Yay! Dick Blick now sells glass palettes in clear, white, or gray. Get the white or the gray if you go this route.

___ **2 Long-handled Flat artist brushes** (synthetic nylon bristle brushes meant for acrylics are best, hog bristle is acceptable; *not* soft sable watercolor): #4, 6, or 8 AND 8,10 or 12 Flat (one each about ¼-½" and ½-1" wide)

___ **Spray/misting water bottle** (old hairspray bottle works great)

___ **Sketchbook** or blank paper and a **pencil** for planning and note taking

___ **2 supports**: stretched canvases, canvas panels, or boards (pre-primed/gessoed) in sizes anywhere 12-30" (12 x 12, 12 x 16, 16 x 20, 18 x 24, 20 x 30, etc). Keep all longest dimensions 30" or smaller so we have room to work.

See page 2 for optional and recommended materials

RECOMMENDED:

___ **Additional colors** (listed in order of importance): Cadmium Red Medium; Cobalt Violet or Dioxazine Purple or Prism Violet; Permanent Green Light or Phthalo Green, yellow shade; both Ultramarine Blue and Phthalo Blue.

___ **Small shallow pan** (old cake pan, bread pan, pie tin) for keeping brushes wet while working

___ **Razor blade scraper** (retractable blade used for scraping windows, etc) for cleaning off palette

___ **Additional brushes** in various sizes and shapes: small and larger rounds, very wide flat, etc.

___ **Additional canvases** in case you create more than two paintings! :)

OPTIONAL:

___ **Additional colors** Burnt Umber, Cadmium Orange, Cobalt Blue, Indian Yellow.

___ **Liquid or fluid acrylics** (Golden has a wonderful line)

___ **Specialty acrylic mediums**: soft or heavy gels, glass bead medium, fiber paste, etc.

___ **Artist's color wheel**